

HEALTH AND FITNESS

TEEN FIT PLUS: WAIVER

Subject to the TEEN FIT MEMBERSHIP SPECIAL CONDITIONS, the following will apply:

AGE

TEEN FIT PLUS memberships are only available for children between the ages of 13-15 years of age.

Photo identification must be shown at the time of purchasing the membership.

MEMBERSHIP INCLUSIONS

- Access to select group fitness classes (without the need for parental/legal guardian supervision)
- TEEN FIT (Instructor led and supervised teen only classes)
- The TEEN FIT PLUS member must complete an induction prior to accessing the gym
- Gym access – A TEEN FIT PLUS member (whose parent/legal guardian has signed this waiver) may utilise the gym during regular opening hours

ACKNOWLEDGEMENT**TEEN FIT PLUS member to complete this signature block**

Print name: _____ Signature: _____ Date: _____

PARENT / LEGAL GUARDIAN member to complete this signature block

I, (print full name) _____ am the parent/legal guardian of the above TEEN FIT PLUS member who is under 18 years of age. I confirm that:

- The information provided in relation to the above-named child's health is true and correct.
- I will immediately inform VenuesWest Health and Fitness via email of any changes to the above-named child's health or emergency contact details
- I agree to the **Health and Fitness Membership Terms & Conditions** outlined by VenuesWest
- I understand that there is an inherent physical risk when exercising in a Gym or Fitness facility and confirm the VenuesWest is not liable in the case of injury
- I understand the service provided by VenuesWest as part of this membership and give permission for my child to commence the membership and exercise program
- I accept that TEEN FIT exercise prescription abides by the guidelines provided by Fitness Australia and provides general training only
- I accept that for specialised programs VenuesWest recommends the service of our qualified Personal Trainers
- I accept full responsibility of my child when they attend the gym outside of TeenFit Supervised hours.

Signature: _____ Date: _____